



## “From Death to Life”

3/22/26 | Text: Ephesians 2:1-3

[1] *And you were dead in the trespasses and sins [2] in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience—[3] among whom we all once lived in the passions of our flesh, carrying out the desires of the flesh and the mind, and were by nature children of wrath, like the rest of mankind.*

### I. The Reality of Spiritual Death (v. 1-2a).

[1] *And you were dead in the trespasses and sins [2] in which you once walked... (Ezekiel 37)*

### II. The Tyranny of Spiritual Slavery (vv. 2b-3a).

[2] *...following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience—[3] among whom we all once lived in the passions of our flesh, carrying out the desires of the flesh and the mind...*

### Three powers dominate the life of the natural man.

- 1) **The World:** *“Following the course of this world.”*
- 2) **The Devil:** *following the prince of the power of the air, the spirit that is now at work in the sons of disobedience*
- 3) **The Flesh:** *[3] among whom we all once lived in the passions of our flesh*

### III. The Judgment of Spiritual Condemnation (v. 3b).

*...and were by nature children of wrath, like the rest of mankind.*

**John 3:36:** *Whoever believes in the Son has eternal life; whoever does not obey the Son shall not see life, but the wrath of God remains on him.*

**Romans 5:12:** *Therefore, just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned...*

### IV. The Necessity and Hope of the Gospel.

Ephesians 2:4: *“But God...”*

### Next week’s sermon text: Ephesians 2:4-7

If you were to share a key insight from today’s sermon with a friend, what would you say in a sentence or two?

**Application Questions:** How does seeing yourself as once spiritually dead, not just struggling, change the way you view your salvation and your dependence on God? Where do you still feel the pull of the world or your own desires shaping your thinking and choices? How does recognizing sin in your inward desires, not just actions, challenge how you evaluate your spiritual condition? If salvation is resurrection, not self-improvement, how should that change the way you pray for others and share the gospel?

Text to Give: Text an amount to (619) 333-1905

Mailing Address: P.O. Box 390698 San Diego, CA 92149  
☎ (619) 881-0100 ✉ hello@providencechurchsd.org  
providencechurchsd.org 📱 @providencechurchsd



Scan me